

SRIJAN SOCIAL INTERNSHIP REPORT

UNIVERSITY OF PETROLEUM AND ENERGY STUDIES



**School of Computer Science
Dehradun, Uttarakhand**

Submitted By-

Name :- Ayush Kumar Singh

SAP ID :- 590022334

Course:- Btech CSE

Internship Mentor:- Akashdeep Singh

Internship duration :-

1 June to 31st July

Academic Session

2026–2027

Introduction

The SRIJAN Social Internship is an initiative by the University of Petroleum and Energy Studies (UPES) that provides students with an opportunity to engage in community service and gain practical experience through collaboration with non-governmental organizations (NGOs). The objective of this internship is to develop social responsibility, teamwork, leadership, and problem-solving skills while contributing to meaningful social and environmental initiatives.

As part of this program, I completed my internship with Roots for Being NGO under guidance with our mentor Akashdeep Singh. During the internship, I participated in activities such as plantation drives, maintenance of saplings, and assisting in the coordination of schools for awareness campaigns. These experiences helped me understand the importance of environmental conservation, community engagement, and the role of NGOs in promoting environment protection and eco system wellbeing.

This report presents an overview of the work carried out during the internship, the knowledge and skills gained, the challenges encountered, and the overall learning experience.

ABOUT THE NGO

The Roots For Being NGO is non government organization which works with the association with roots The NGO was established with the aim of serving society by addressing social and environmental challenges. The organization believes that sustainable progress can be achieved through collective efforts, active participation, and a commitment to social welfare. Its primary purpose is to improve the quality of life of underprivileged communities through education, awareness, environmental conservation, and community development initiatives. The foundation of an NGO lies in the desire to bring positive change to society. It is created to address issues that require collective effort, compassion, and long-term commitment. By working closely with communities, an NGO aims to create opportunities, spread awareness, and improve the quality of life through meaningful social and environmental initiatives.

Certificate of Complition

Volunteer ID Card

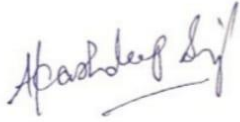
Volunteer ID Card

Roots for being...

Registration no.: 113 of 2017-18; under registration act XXI of 1860
www.rootsforbeing.org; Ph. 98550-15591, email: rootsforbeing@gmail.com

Student Name: AYUSH

College/University UPES

President 





validity: June and July 2026

Work Undertaken During the Internship

Orientation and Initial Briefing:-

In this first day we got to know about the ngo we are working with and also work where assigned on the first day it self. We were also briefed about the importance of discipline, teamwork, community participation, and environmental responsibility. During this session, the objectives of the organization and the purpose of the SRIJAN Social Internship were explained in detail. The mentors introduced us to the various social and environmental initiatives carried out by the NGO and familiarized us with our roles and responsibilities. This orientation helped me understand the expectations of the internship and prepared me for the activities that would be carried out during the following weeks.

Weekly work assigned:-

Plantation drive:-

We have to plant atleast 5 saplings per week in different localities like park , schools, and some safe place where they can grow. The plantation activity involved selecting suitable locations, preparing the soil, and planting saplings with proper care. We have to put manure instead of using chemicals like fertilizers which is actually good for the saplings growth.



Each sapling was planted carefully to ensure that it could grow in a healthy environment. Through these activities, I learned that plantation is not merely about planting trees but also about taking responsibility for their long-term survival.

Some more pics related to the activities assigned:-



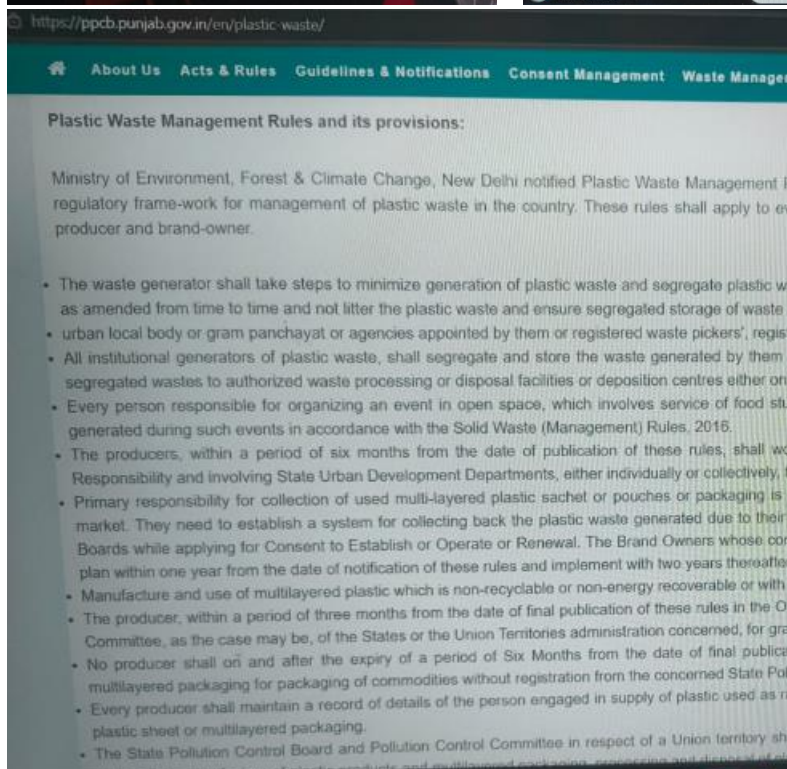
Also did some Awareness Program During the internship:-

Another important responsibility assigned to me during the internship was assisting in the coordination of schools for awareness campaigns organized by the NGO. Under the guidance of my mentor, I helped in arranging schools where these campaigns could be conducted successfully.

This task involved coordinating with the concerned authorities, supporting the planning process, and ensuring that the awareness programs were organized smoothly. Through this experience, I developed better communication, coordination, and organizational skills. It also helped me understand the importance of collaboration between educational institutions and social organizations in spreading awareness among students.

Weekly work assigned:-

Also do the research related to plastic waste awareness. I learned about how to dispose waste related to plastic and waste management. Punjab waste management work also I learned about. The global warming effects and all disaster related things affecting the eco system.



Organized schools for campgn:-



ROOTS®
for being...

ਇੱਕ ਕਦਮ ਆਪਣੇ ਮੁਥ ਵੱਲ

**ਪਲਾਸਟਿਕ ਘਟਾਓ,
ਧਰਤੀ ਬਚਾਓ!**

ਛੋਟੇ ਬਦਲਾਅ, ਵੱਡਾ ਅਸਰ

→ ਅੱਜ ਤੋਂ ਅਪਣਾਓ ←

- ਕਪੜੇ ਦੇ ਬੈਗ ਵਰਤੋ**
ਪਲਾਸਟਿਕ ਬੈਗ ਦੀ ਥਾਂ
ਕਪੜੇ ਦੇ ਬੈਗ ਲਵੋ।
- ਰੀ-ਯੂਜ਼ ਕਰੋ**
ਕੋਤਲ, ਡੱਬੇ ਤੇ ਹੋਰ
ਚੀਜ਼ਾਂ ਵਾਰ-ਵਾਰ ਵਰਤੋ।
- ਰੀਸਾਇਕਲ ਕਰੋ**
ਕੂੜੇ ਨੂੰ ਵੱਖ ਕਰੋ,
ਰੀਸਾਇਕਲਿੰਗ ਅਪਣਾਓ।

ਕੀ ਤੁਸੀਂ ਜਾਣਦੇ ਹੋ?

- ਹਰ ਸਾਲ ਲੱਖਾਂ ਟਨ ਪਲਾਸਟਿਕ
ਸਾਫ਼ੇ ਸਮੁੰਦਰਾਂ 'ਚ ਚਲਾ ਜਾਂਦਾ ਹੈ।
- ਪਲਾਸਟਿਕ ਨੂੰ ਸਿੰਟੀ ਹੋਣ 'ਚ
1000 ਸਾਲ ਤੋਂ ਵੱਧ ਲੱਗ ਜਾਂਦੇ ਹਨ।
- ਸਮੱਸਿਕ ਜਾਗਰੂਕਤਾ ਅਤੇ
ਸਹੀ ਕੋਸ਼ਿਸ਼ ਨਾਲ ਅਸੀਂ ਧਰਤੀ ਨੂੰ
ਬਚਾ ਸਕਦੇ ਹਾਂ।

**ਇਕੱਠੇ ਹੋ ਕੇ ਆਓ,
ਆਪਣੇ ਭਵਿੱਖ ਨੂੰ ਸੁਰੱਖਿਅਤ ਬਣਾਈਏ।**

SAVE THE DATE

ਮਿਤੀ 25
ਜੁਲਾਈ, 2026

ਸਮਾਂ 11:00 AM

ਸਥਾਨ
PM SHREE SAHEED
BALWANT SINGH SCHOOL

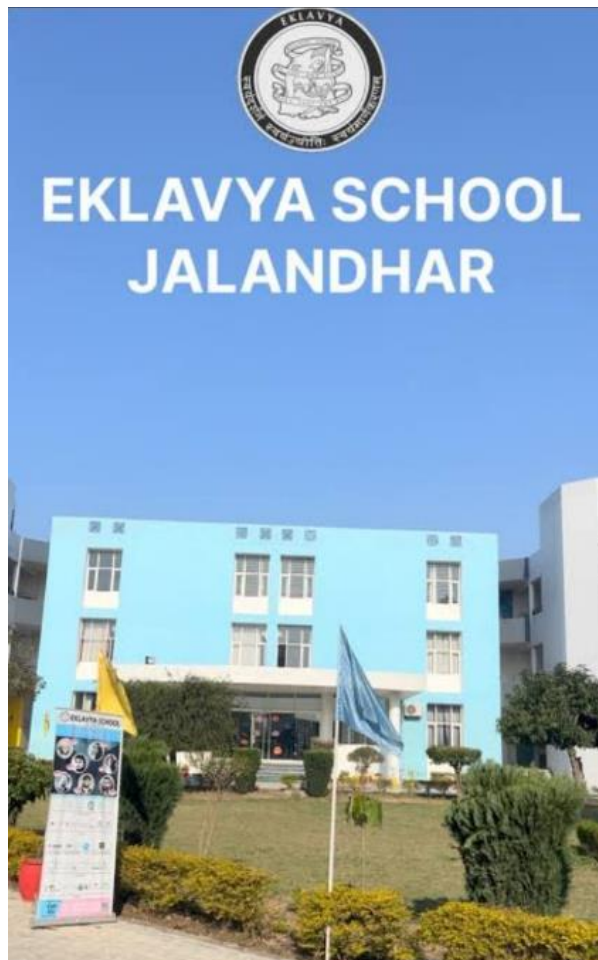
ਸੰਪਰਕ ਕਰੋ
+91 98550 15591
rootsforbeing@gmail.com
www.rootsforbeing.org

ਸੰਚਾਲਕ
Akashdeep Singh
President
Roots

This school was organised for awareness meeting where the students where got to learn anout controlling waste by bringing steel tiffins rather plastic waste and also helped much students to aware of waste mangement which is important for our ecosystem and well being.

The program was runned many times we visiter many schools like this.

More school campagn:-



Some more pics related to the other school meetings-



Challenges Faced

Throughout the internship, I encountered several practical challenges. Plantation activities required physical effort and careful planning, while maintaining the saplings demanded consistency and responsibility. Coordinating with schools for awareness campaigns also required effective communication and proper scheduling. Although these challenges required patience and adaptability, they provided valuable learning opportunities and improved my ability to work in real-life situations.

Skills and Learning

The internship helped me develop several important skills, including communication, teamwork, leadership, coordination, time management, and problem-solving. More importantly, it strengthened my awareness of environmental conservation and social responsibility. Working directly with the NGO gave me practical experience that complemented my academic learning and helped me understand the importance of contributing to society through meaningful action.

Overall, the work undertaken during the internship was both educational and rewarding. It allowed me to participate in initiatives that benefited the environment and the community while helping me grow personally and professionally. The knowledge, experiences, and values gained through this internship will continue to guide me in my future academic and professional journey.

Suggestions

Based on my experience, I believe that the impact of such internships can be further enhanced by increasing community participation and encouraging more educational institutions to collaborate with NGOs. Regular follow-up of plantation activities can help improve the survival rate of saplings and ensure long-term environmental benefits.

Awareness campaigns can also be expanded to include a larger audience through interactive sessions and community involvement. Providing additional training and orientation to volunteers before field activities may further improve the effectiveness of future internship programs.

Conclusion

The SRIJAN Social Internship at Neerja Devbhumi Charitable Trust was a valuable and enriching experience that allowed me to contribute to meaningful social and environmental initiatives. Participating in plantation drives, maintaining saplings, and assisting in school coordination for awareness campaigns helped me understand the importance of community service and sustainable development.

The internship strengthened my communication, teamwork, leadership, and organizational skills while increasing my awareness of environmental conservation and social responsibility. It also demonstrated how NGOs play an important role in creating positive change through consistent efforts and community participation.

Overall, this internship broadened my perspective beyond academic learning and provided practical experiences that will remain valuable throughout my personal and professional life. I am grateful for the opportunity to serve the community and contribute, even in a small way, towards building a better and more sustainable society.